# **Social Distancing and Hygiene Rules**





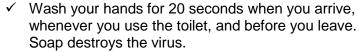
- ✓ Keep 2 metres apart at all times. This applies everywhere indoors and outdoors.
- ✓ Follow signs and instructions, such as the new oneway systems which are designed to stop people passing near each another.

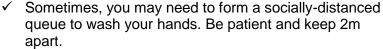
#### **Bubbles**



- ✓ You will be allocated to a small group, called a 'bubble'. You must not mix at all with students from different bubbles, because this would cause a greater risk of spreading the virus.
- ✓ Stay in your designated area.
- ✓ Even within your own bubble, you need to stay 2m apart.

### Hygiene





- ✓ Do not touch your face.
- Catch it, bin it, kill it. Cough or sneeze into a tissue, or into your elbow as a last resort. Throw this in the bin, and wash your hands immediately.
- ✓ Wear your Sports Kit. Shower and wash your clothes as soon as you get home.
- ✓ You can wear PPE if you wish, although government advice is explicit that this is not necessary if you follow the social distancing and hygiene rules.

# Getting to and from the Academy



- ✓ Travel on foot, or cycle, or ask a parent/carer to drive you if possible. Avoid public transport unless you have no other options.
- ✓ Walk on your own, not in a group with friends. Keep 2m apart.
- ✓ Please arrive and leave at the exact times we tell you.
- ✓ Travel directly between your home and the Academy. Do not meet up with others or stay out to socialise.





### **Equipment**

- ✓ More crucial than ever is the expectation to be ready to
- Do not share equipment from other students as this can increase the risk of spreading the virus.
- ✓ You must bring your own pen to complete your work.



### **Mobile Phones**

- ✓ Our policy for mobile phones remains unchanged. Mobile phones must remain switched off whilst in the Academy, and out of sight.
- ✓ Should a mobile phone be seen, it will be confiscated. You should place it in to an envelope provided in order to minimise contact of other people with the mobile phone.

### **Serious Incidents**

- ✓ Persistent or deliberate disregard for social distancing and hygiene rules will not be tolerated.
- ✓ You must never spit, cough, or sneeze towards anyone else. Even pretending or threatening to do so will not be tolerated.
- ✓ Be sensitive with your language around the COVID-19 situation.
- ✓ Although the Academy will not issue reparations, detentions, or isolation at this time, fixed term exclusions will be used.





✓ If you or anyone in your household has a high temperature, a new and continuous cough, or a loss in sense of smell or taste, or if you have been contacted by an NHS contact tracer, you must not come to the **Academy**. Self-isolate in line with the guidelines and inform the Academy immediately.

