

Physical Education – Progress Map

Grade	Skill Development	Practical Performance Application	Theoretical Understanding
9 - 8 (A** - A*) (GCSE 22-25)	9-10 The quality of technique is maintained for all skills and throughout all practices. When faced with opposition, decision making is consistently effective in both predetermined and spontaneous situations. There are very few errors and the student is adaptive when faced with progressively challenging situations. They almost always produce the intended results/accuracy.	13-15 The student shows a high level of ability to make successful and effective tactical and strategic decisions, almost always fully relevant to the position being played. The student’s contribution is highly effective, significant and sustained for almost all of the game. The student maintains a high level of technique, accuracy and consistency in the performance of all skills in set plays and in open play. The application of skill is fully appropriate to their position. The student demonstrates a high level of ability to select and apply the most appropriate skills and is usually successful in outwitting opponents, while hardly ever being outwitted themselves.	9 Demonstrate and apply accurate knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. 8 Demonstrate and apply accurate knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. Exam words: Analyse, evaluate , justify
7 - 6 (A , B+, B=) (GCSE 17-20)	7-8 The quality of technique is maintained for all skills but may start to deteriorate in the most challenging practices. When faced with opposition, decision making is usually effective in both predetermined and spontaneous situations. There may be occasional minor errors but the student is usually adaptive when faced with progressively challenging situations. They regularly produce the intended results/accuracy.	10-12 The student shows the ability to make successful and effective tactical and strategic decisions, usually relevant to the position being played, with only minor lapses. The student’s contribution is usually effective and significant and is sustained for the majority of the game. The student maintains technique, accuracy and consistency in the performance of all skills in set plays and in open play. The application of skill is usually appropriate to their position, though there may be some lapses. The student demonstrates the ability to select and apply the most appropriate skills, often outwitting opponents but only occasionally being outwitted themselves.	7 Demonstrate and apply accurate knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. Limited analysis and evaluation on factors that underpin performance and involvement in physical activity and sport. 6 Demonstrate accurate knowledge and understanding. Apply accurate knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. Exam words: Compare, consider, suggest
5 - 4 (B-, C+, C=, C-) (7) (GCSE 12-15)	5-6 The quality of technique is maintained for most skills but may deteriorate in the most challenging practices. When faced with opposition, the effectiveness of decision making is inconsistent. The student makes more effective decisions in predetermined situations than in spontaneous situations. There may be occasional errors and the student is sometimes adaptive when faced with progressively challenging situations. They sometimes produce the intended results/accuracy.	7-9 The student shows the ability to make successful and effective tactical and strategic decisions but there may be some obvious weaknesses and they are occasionally not relevant to the position being played. The student’s contribution is sometimes effective and significant but it is not entirely sustained throughout the game, with the student being uninvolved during some periods. The student maintains technique and accuracy in the performance of most skills in set plays and in open play but it is not always consistent. The application of skill is not consistently appropriate to their position. The student demonstrates some ability to select and apply appropriate skills, sometimes outwitting opponents, though there may be some obvious areas of weakness and they will sometimes be outwitted themselves.	5 Demonstrate accurate knowledge and understanding. Apply basic knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. Exam words: Interpret, apply, explain 4 Demonstrate accurate knowledge and understanding. Apply limited knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. Exam words: Calculate, describe, illustrate
3 - 2 (D, E, F+) (6 , 5a, 5b, 5c, 4a) (GCSE 7-10)	3-4 The quality of technique is maintained for some skills but sometimes deteriorates in the most challenging practices. When faced with opposition, decision making is only occasionally effective in both predetermined and spontaneous situations. There may be frequent errors and the student is only occasionally adaptive when faced with progressively challenging situations. They occasionally produce the intended results/accuracy.	4-6 The student shows some ability to make tactical and strategic decisions but there are significant weaknesses and inconsistencies in their relevance to the position being played. The student’s contribution is evident but infrequent throughout the game and only occasionally effective or significant. The student shows some technique and accuracy in the performance of some skills in set plays and in open play but there are obvious inconsistencies and weaknesses. The application of skill is only occasionally appropriate to their position. The student occasionally demonstrates the ability to select and apply appropriate skills, but only occasionally outwits opponents and is often outwitted themselves.	3 Demonstrate accurate knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. 2 Demonstrate basic knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. Exam words: Complete, outline, define
1 (F, G) (4b, 4c, 3a) (GCSE 2-5)	1-2 The quality of technique is maintained for few skills and often deteriorates in the most challenging practices. When faced with opposition, decision making may be ineffective for both predetermined and spontaneous situations. There are likely to be frequent errors and the student may be unable to adapt when faced with progressively challenging situations. They may not produce the intended results/accuracy.	1-3 The student shows only a limited ability to make tactical and strategic decisions and they are seldom relevant to the position being played. The student's contribution is limited to rare occasions and is seldom effective or significant. The student shows only limited technique and accuracy in the performance of a few skills in set plays and in open play. The application of skill is rarely appropriate to their position. The student demonstrates only very limited ability to select and apply appropriate skills, rarely outwitting opponents and usually being outwitted themselves.	1 Demonstrate limited knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. Exam words: State, List, identify
E3 - E2 - E1 (3b, 3c, 2a)	The quality of technique is maintained for some basic skills and often deteriorates when challenged. When faced with opposition, decision making may be ineffective for both predetermined and spontaneous situations. There are likely to be many errors and the student may be unable to adapt when faced with progressively challenging situations. They rarely produce the intended results/accuracy.	The student shows very few tactical and strategic decisions and they are seldom relevant to the position being played. The student's contribution is limited to rare occasions and is seldom effective or significant. The student shows only limited technique and accuracy in basic skills There is little awareness of any positional understanding. The student demonstrates only very limited ability to select and apply appropriate skills, and are often outwitted by opponents.	Demonstrate very limited knowledge and understanding of factors that underpin performance and involvement in physical activity and sport. Exam words: State, identify

