Subject:	Curriculum Leader:
Physical Education	Mr Turner

Exam Board: AQA

Overview:

This is a two year A-Level course. Students will be assessed via three exam papers (70%) and coursework (NEA) comprising practical sports performance in one sport, and evaluation and assessment of performance (30%).

The theory units comprise of the following:

- Applied anatomy and physiology
- Exercise physiology
- Biomechanics
- Skill acquisition
- Sports psychology
- Sport and society
- Contemporary issues in physical activity and sport

Students should have an interest in the physiological and psychological elements of sport and exercise, and an all-round interest in contemporary sport.

It is essential that candidates are regularly participating in at least one sport, from the OCR accepted list of sports, to club level.

For more information, please follow the link to the specification https://www.ocr.org.uk/lmages/234833-specification-accredited-a-level-gce-physical-education-h555.pdf

And non-examined assessment

https://www.ocr.org.uk/Images/234840-guide-to-non-exam-assessment-as-a-level.pdf