

Course Overview:

This is a two-year A level course. Students will be assessed via three exam papers (70%) and coursework (NEA) comprising practical sports performance in one sport, and evaluation and assessment of performance (30%).

The theory units comprise of the following:

Applied anatomy and physiology
Exercise physiology
Biomechanics
Skill acquisition
Sports psychology
Sport and society
Contemporary issues in physical activity and sport

Students should have an interest in the physiological and psychological elements of sport and exercise, and an all-round interest in contemporary sport.

It is essential that candidates are regularly participating in at least one sport, from the OCR accepted list of sports, to club level.

Works well with:

- Sciences
- Sociology
- Health and Social Care
- Mathematics

Progression Opportunities:

A-level Physical Education is an excellent qualification for those interested in working professionally in sports or the leisure industry. Students of this AS-level might also consider studying A-level Leisure Studies.